



“Music Box Dancer – Frank Mills” 2020 Recital ~ Ballet 1 classes

Start onstage Feet in 1st position, arms in bras bas.

Slow turn to the left on demi-pointe with arms in 5th (counts 1-6).

Lower heels as arms open to 2nd, and close in bras bas (count 7-8).

Arms porte de bras 1st -> 2nd -> bras bas, and hold. (count 1-4).

Arms porte de bras 1st -> 5th -> 2nd -> bras bas. (count 5-8).

Step R, close in 1st, step R, tendue L devant.

Step L, close in 1st, step L, tendue R devant.

Skips in own little circle to R with hands on hips. (8 counts).

4 spring points devant (R, L, R, L).

2 pliés in 1st with hands on hips.

4 spring points devant (R, L, R, L).

Relevé turn on demi-pointe (to the left) with arms in 5th.

Lower heels for 4 counts.

Chassé to R, to 1st arabesque (4 counts).

Chassés to L, to 1st arabesque (4 counts).

Relevé turn to L with arms in 5th.

Hands on shoulders. Feet in 1st.

Tendue to R, Retiré, tendue to R (R arm side low toward leg), close in 1st (arm back to shoulder).

Tendue to L, Retiré, tendue to L (L arm side low toward leg), close in 1st (arm back to shoulder).

Transfer of Weight to Right. (Tendue to R, plié in 2nd, pointe L foot, close in 1st position).

Both arms float side high.

Gallops in a circle to R with arms in 2nd (8 counts).

Turn on relevé with arms in 5th 4 counts, plié stretch.

Gallops to the L with arms in 2nd (8 counts).

Spring points R, L, R, L.

Relevé turn 2x with arms in 5th.

Arms porte de bras 1st -> 2nd -> bras bas, and hold. (count 1-4).

Arms porte de bras 1st -> 5th -> 2nd -> bras bas. (count 5-8).

R arm floats side high, L arm floats side high, both arms float side high.

Arms 1st -> 2nd.

4 walks forward.

Curtsey.