



“Hard Knock Life”

2020 Recital ~ Musical Theatre 1

**** dancers should begin behind their bucket/stool if they have one****

Stomps on the spot 5,6,7,8

“It’s a hard knock life” jump to second while crossing arms

“for” look to the side

“us” look forward

“it’s a hard knock life for us” sit on stool/bucket or crouch down onto one knee

“stead of treated” give self a hug

“we get tricked” make a silly face

“stead of kisses” make arguing or fighting fists

“we get kicked” stand up karate kick the audience

“it’s a hard knock life” kneel onto knees, slap hands down in front of you

Roll onto back, kick feet in the air, roll back onto knees, clean the floor/imaginary room around you

“don’t it feel like the wind is always howling” exhausted and wipe sweat from forehead

“don’t it seem like there’s never any light” stand up

“some days don’t you wanna throw the towel in” pretend to throw a towel down (or a real one if you have it in your pocket)

“it’s easier than putting up a fight” throw a tantrum while staying on feet

“no one is there when your dreams at night get creepy” look scared, football run feet are acceptable

“no one cares if you grow” reach up tall on your tippy toes

“or if you shrink” down into a ball, tuck your head and roll forward

“empty belly life” hold stomach

“rotten smelly life” stand up and plug nose or pretend to choke or vomit

“full of sorrow life” step together step, scuff

“no tomorrow life” repeat the other way

“santa clause we never see” step to second, cross arms and look angry or sad

“santa clause whats that whose he” look confused

“no one cares for you” step forward pointing to audience

“a smidge” show smidge/tiny bit fingers

“when you’re a” turn to back, legs in second, reach to the floor and look through legs

“foster kid” move bum side, side, side

“it’s a hard knock life” bend down onto one knee facing the side, cross arms, look to audience